

ABSTRACT

A container holder, a system for supporting containers and a method for holding containers which allow the containers to be stored and/or displayed are provided. Additionally, the container holder may have a base or arm connected to a first stopper and/or a second stopper. Further, the length of the base may adjust to accommodate a varying number of the containers. Still further, the container holder may accommodate containers having different shapes and sizes. The weight of the containers on the base hold the containers on the base connected between the first stopper and the second stopper.